

MTSA

Airways

The Traditions of Easter

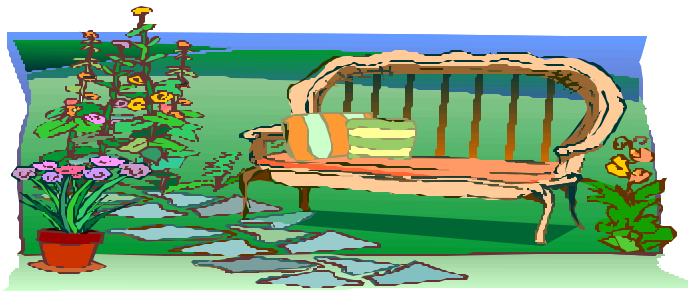
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Let's have a little springtime fun! Unscramble each Easter related word. Then figure out where the word fits into the story on page 2.

- sorsc _____
- mrgsnae _____
- geg _____
- dcyna _____
- irhtebr _____
- sreeta _____
- lhyo _____
- nlte _____
- ramid srag _____
- nybnu _____
- kasstbe _____
- erbtaecle _____
- irosiuelg _____
- lmbsoys _____
- apnag _____
- recdolo _____
- xciroucniiif _____
- mstcou _____
- brbati _____
- esrtnurocrei _____
- mpseiinrgt _____
- tcnhairis _____
- irctsh _____
- sah swyaeednd _____

"Nothing strengthens
the judgment and
quickens the
conscience
like individual
responsibility."
~ Elizabeth Cady
Stanton



The Traditions of Easter

As you all know, almost all “Christian” holidays, _____ has been made very secular and commercial. The dichotomous nature of Easter and its _____, however, is not necessarily a modern fabrication. Ever since its start as a _____ celebration in the second century, Easter has had its non-religious side. Actually, Easter was originally a _____ festival.

The ancient Saxons celebrated the return of spring with a very festive celebration commemorating their goddess of offspring and of _____ Eastre. When the second-century _____ missionaries encountered the tribes of the north with their pagan revelry, they attempted to convert them to Christianity. They did so, however, in a covert manner. It would have been suicide for the very early Christian converts to _____ their holy days with observances that did not coincide with celebrations that previously existed. To save lives, the missionaries skillfully decided to spread their _____ message gradually throughout the populations by allowing them to continue to celebrate pagan feasts, but with more of Christian conduct.

As it was, the pagan festival of Eastre occurred at the same time of year as the Christian observance of the Resurrection of _____. It made sense, for that reason, to alter the festival itself, to make it a Christian celebration as converts were slowly won over. The early name, Eastre, was in time changed to its modern spelling, Easter.

The Date of Easter

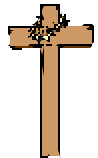
Before A.D. 325, Easter was variously celebrated on different days of the week, including Friday, Saturday, and Sunday. In that year, the Council of Nicaea was convened by emperor Constantine. It issued the Easter rule, which states that Easter shall be celebrated on the first Sunday that occurs after the first full moon on or after the vernal equinox. However, a stipulation must be introduced here. The “full moon” in the rule is the ecclesiastical full moon, which is defined as the fourteenth day of a tabular lunation, where day 1 corresponds to the ecclesiastical New Moon. It does not always take place on the same date as the astronomical full moon. The ecclesiastical “vernal equinox” is always on March 21. Therefore, Easter must be celebrated on a Sunday between the days of March 22 and April 25.

The Lenten Season

_____ is the forty-six day period just prior to Easter Sunday. It begins on Ash Wednesday. Mardi Gras (French for “Fat Tuesday”) is a celebration, sometimes called “Carnival,” practiced around the world, on the Tuesday prior to _____. It was designed as a way to “get it all out” before the sacrifices of Lent began. New Orleans is the focal point of _____ celebrations in the U.S.

The Cross

The _____ is the symbol of the _____, as opposed to the _____. However, at the Council of Nicaea, in A.D. 325, Constantine decreed that the Cross was the official icon of Christianity. The Cross is not only a symbol of Easter, but it is more widely used, especially by the Catholic Church, as a year-round symbol of their faith.



The Easter Bunny

The Easter _____ is not a modern invention. The symbol originated with the pagan festival of Eastre. The goddess, Eastre, was worshipped by the Anglo-Saxons through her earthly symbol, the _____.

The _____ brought the symbol of the Easter rabbit to America. It was widely ignored by other Christians until shortly after the Civil War. In fact, Easter itself was not commonly celebrated in America until after that time.

The Easter Egg

As with the Easter Bunny and the holiday itself, the Easter _____ predates the Christian holiday of Easter. The exchange of eggs in the springtime is a _____ that was centuries old when Easter was first celebrated by Christians. From the earliest times, the egg was a symbol of _____ in most cultures. Eggs were often wrapped in gold leaf or, if you were a peasant, colored brightly by boiling them with the leaves of petals of certain flowers.

Today, children hunt _____ eggs and place them in Easter _____ along with the modern version of real Easter eggs – those made of plastic or chocolate _____.

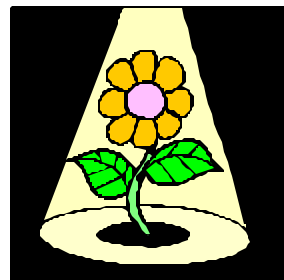


“Love doesn’t make the world go round. Love is what makes the ride worthwhile.”

~Franklin P. Jones

Spotlight On ...

... Shuhanna O'Bryan



Shuhanna is originally from Mississippi and she was working as an RN at the CCU at Vanderbilt before coming to MTSA. She knew that she wanted to be a CRNA since her senior year in high school. Shuhanna is married to her husband Dalin and together they have an 8 month old baby, Carter. She also has a black cocker spaniel named Chewy (after Chewbacca from Star Wars). For fun she likes to spend time with family, shop and sleep. (Amen, sister!)

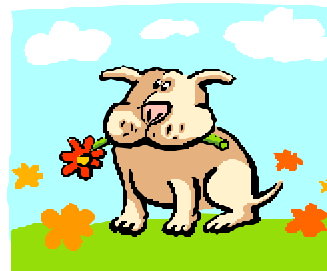
Dream Car: Mercedes
 Dream Vacation: Hawaii
 Favorite Music: Christian music & soft rock
 Favorite Movie: "Steel Magnolias"
 Chocolate or Vanilla: Vanilla
 Coke or Pepsi: Coke
 Beach or Mountains: Beach
 Khakis or Blue Jeans: Jeans
 Cat or Dog: Dog
 Advice for Classmates: "God will not put anymore on us than what we can handle. Hang in there."



... Brad Lee

Brad comes to us from Crossville, TN. He was working as a staff RN in the ICU at Roane Medical Center. His experience working at PACU at Cumberland Medical Center peaked his interest in anesthesia. He is married, has pets and has one brother and one sister. For fun he likes to listen to music, play piano, surf the internet and visit with friends and family. In 5 years from now he sees himself working as a CRNA in East Tennessee.

Dream Car: Porche Boxter
 Dream Vacation: The south of France
 Favorite Movie: "The Color Purple"
 Chocolate or Vanilla: Chocolate
 Coke or Pepsi: Coke
 Beach or Mountains: Beach
 Khakis or Blue Jeans: Blue Jeans
 Cat or Dog: Dog
 Advice for Classmates: "Work hard. Play harder!! Keeps you young."



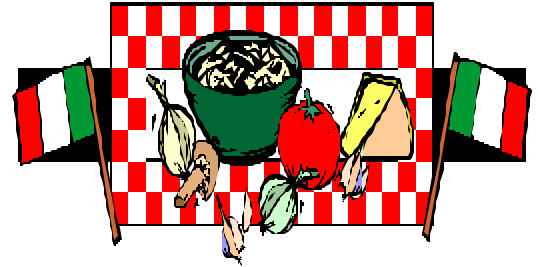
"We find comfort among those who agree with us - growth among those who don't."
 ~ Frank A. Clark



Fast Food - A Quick and Easy Recipe for Busy People

Farfalle Pasta with Tuna - Serves 4

- 3 1/2 cups dried farfalle (or bowtie) pasta
- 2 1/2 cups tomato sauce
- 8-10 pitted black olives, cut into rings
- 6-ounce can tuna in olive oil



Cook the pasta in a large pan of lightly salted boiling water according to the instructions on the packet. Meanwhile, heat the tomato sauce in a separate pan and add the olives.

Drain the canned tuna and flake it with a fork. Add the tuna to the sauce with about 4 tablespoons of the water used for cooking the pasta. Taste and adjust the seasoning. Drain the cooked pasta thoroughly and tip it into a large, warmed serving bowl. Pour the tuna sauce over the top and toss lightly to mix. Serve immediately.

Noteworthy Dates

April Dates

- 1 ~ April Fool's Day
- 6 ~ Daylight Savings Time Begins
- 13 ~ Thomas Jefferson's Birthday
- 20 ~ Easter Sunday
- 22 ~ Earth Day
- 26 ~ National Arbor Day



May Dates

- 2 ~ National Day of Prayer
- 11 ~ Mother's Day
- 17 ~ National Armed Forces Day
- 26 ~ Memorial Day



Noteworthy Birthdays

Birthdays in April

- 2 ~ Trevor Eldred
- 2 ~ Lin Sherrill(f)
- 4 ~ Chang Yu
- 8 ~ Tammy Kellogg
- 21 ~ Jenny Paul
- 27 ~ Scott Weickel
- 23 ~ Dr. C. William McKee(f)

Birthdays in May

- 4 ~ Renee Baker(pts)
- 7 ~ Jane Pennington(s)
- 8 ~ Amy Allen
- 8 ~ Tasha Walker
- 13 ~ Julie Hanson
- 16 ~ Rachel Connor
- 17 ~ Jim Maddox(f)
- 21 ~ Dolores Underhill(s)
- 26 ~ Les Andrus



"You will never find time for anything. If you want time, you must make it."

~Charles Buxton

"After a certain number of years, our faces become our biographies."

~Cynthia Ozick

MTSA SHIRT & CAP SALE

Middle Tennessee School of Anesthesia will be embroidered on the following three options:

Heavyweight 50/50 Tees ~ Forest Green/Cream Embroidery (Circle specific size)

S, M, L, XL \$7.00 2XL \$9.00 3XL \$10.00

100% Cotton Polo Shirts ~ Forest Green/Cream Embroidery

XS – 6XL \$20.00 Specify size _____

100% Cotton Brushed Twill Baseball Caps ~ Spruce top/ Moss visor/Cream Embroidery

One-size fits all \$5.00

Your name: _____

Please make checks payable to **MTSA**. (Checks will be held until the merchandise comes in.)

Turn in your order and check to Jennifer by April 17th. There will be samples for sizing hanging in the library.

Print out this page and bring it to the school or e-mail Jennifer at info@mtsa.edu and put "Shirt and Cap Sale" in the subject line.



"Asserting yourself while respecting others is a very good way to win respect yourself."
~Janice LaRouche

“A musician must make music, an artist must paint, a poet must write if he is to be ultimately at peace with himself. What one can be, one must be.”
~Abraham Moslow

Appreciating the Performing Arts

Here again, is the current schedule of the performing arts in Nashville:

TPAC (Operas, Ballets, Musicals)

- 4/10 - 12 - "La Bohème"
- 4/22 - 27 - Musical "42nd Street"
- 4/27 - Nashville Ballet - "Robin Hood"
- 5/13 - Musical - "Bring in da Noise Bring in da Funk"
- 5/14 - 5/25 - "E.T. the Extra-Terrestrial"
- 6/10 - 15 - Musical - "The Music Man"



Andrew Jackson Hall (Classical Music)

- 4/18-19 - Missa Solemnis
- 5/02-03 - Beethoven ~ Mozart ~ Adams
- 5/23-24 - Mendelssohn's Violin Concerto
- 6/06-07 - Russian Masters
- 6/21-22 - Beethoven's Sixth: Pastoral
- 6/28-29 - Beethoven's Violin Concerto



"I tell you, the more I think, the more I feel that there is nothing more truly artistic than to love people."
~ Vincent van Gogh

And the newest edition to our free or inexpensive showcase is.....

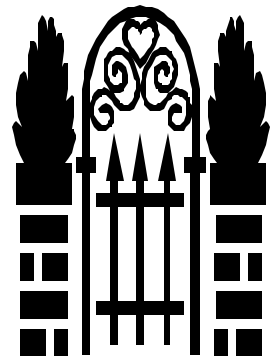
The Nashville Zoo at Grassmere.....

Admission - \$6 for Adults & Teens, \$4 for ages 3-12 & Senior Citizens,
Free for age 2 and under. \$2.00 parking fee

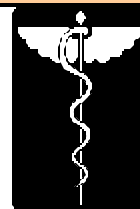
SPECIAL EVENTS: for kids of all ages

April 12-13 and 26-27: Earth Weekends (activities and programs focused on Mother Earth)

April 19: Eggstravaganza (games, egg hunts and activities focused on spring)



Employment Opportunities



Greater Houston Anesthesiology seeking motivated CRNA's. E-mail Norm Kahla at nkahla@phbs.com

Immediate need for CRNA near Morgantown, West Virginia. Call **1-800-576-9629**
Fax: **214-979-9099** or check out on web: www.provdoc.com

Pediatric Anesthesia Associates of Dayton, Inc. have an opening for a CRNA. Contact Edward J. Walz, MD at walze@childrensdayton.org or Michael J Kibelbek, MD, FAAP at kibelbekm@childrensdayton.org

Anesthesia Associates of Dunedin, FL looking for CRNA's to join a well-established group.
Call **727-734-6932** Fax: **727-734-4516**

*Prominent group in Richmond, VA is seeking a CRNA. Call Lance Thompson at **1-800-576-9629** or e-mail at lance@provdoc.com

*Athens-Limestone Hospital in north central Alabama is looking for a MTSA graduate. Contact Doyle Graham at **1-256-233-9424** or e-mail at dwg@pclnet.net

*Nationwide search firm called Career Solutions International has openings. Call **1-866-484-4752**, e-mail at jodi@csigroup.net or check out website at www.csigroup.net

*Albuquerque, New Mexico needs CRNA's at Lovelace Health Systems. Contact Deborah S. Baca at **1-800-877-7526** or e-mail at deborah.baca@lovelace.com

*Minneapolis, MN is seeking CRNA. To learn specifics, call Joan Tien at **1-800-576-9629** or e-mail at joan@provdoc.com

*Long Island Anesthesia Physicians or Port Jefferson, NY is seeking CRNA staff. For details call **631-331-0103**, fax **1-631-331-6514** Attn: **Galo Burnbano, CRNA** or e-mail at gburbano@villagenet.com

*Cincinnati Children's Hospital Medical Center is seeking CRNA graduates. For more info call Teresa Kohn at **1-513-636-0503** or e-mail at teresa.kohn@chmcc.org

*Anesthesia group in suburban Atlanta seeking CRNA's. For more info call Judy Chesin at **1-770-979-9996**, fax **1-770-979-1202** or e-mail at jchesin@bellsouth.net

*CRNA's needed at Manatee Memorial Hospital in Bradenton, Florida. Call Sandy Bender or Jonas Weingarten, M.D. at **1-941-745-6829**, fax **1-941-745-6817** or e-mail at N1Froggie@aol.com

*CRNA's needed at The Dept. of Anesthesiology at the University of Texas Medical Branch in Galveston, TX. Contact Tony Jimenez, CRNA at **1-409-772-8553**, fax **1-409-772-1224** or e-mail at tojimene@utmb.edu

*CRNA's needed in the Knoxville area. Call Dana Traylor at **865-524-5514**.

*Illinois Valley Anesthesia Associates need CRNA's. Call **815-223-3300 ext. 3563** or **3567**.

*CRNA needed in Suburban Western Tennessee. For more info call Karin Eskin at **901-351-2161** or e-mail at mkeskin@worldnet.att.net.

*Looking for a CRNA in Glasgow, MT. Call Shelly VanBuren at **406-228-3647** or e-mail at fpoksh@fmdh.org or call Steve Abercrombie or Thom Shultz at **406-228-3500** or e-mail at fschth@fmdh.org

*CRNA Placement Agency: *United Anesthesia Associates, Inc.*
Call Jamie Gallant at **800-334-8320**.

(THE ASTERISK * INDICATES THE NEW ADDITIONS SINCE THE LAST NEWSLETTER)

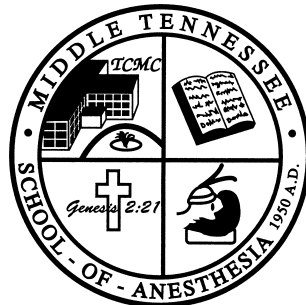
"Concentrated effort
along a single line of
endeavor is boring, but it
makes people rich."

~Lee Winkler

**MIDDLE TENNESSEE
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P.O. Box 6414
Madison, TN 37116

Toll Free: 888-353-MTSA
Phone: (615)868-6503
Fax: (615)868-9885



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Editor & Production Manager: Karin Lassel
Production Assistants: Jennifer Stinson, Chelsea Soapes, Susan Gatlin,
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