

# Airways

## Top O' The Mornin' To Ya!!!



For our March newsletter I thought it might be fun to check out a bit o' the Irish trivia with St. Patrick's Day coming up.

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**Did you know** in Irish tradition the Shamrock or three-leaf clover represents the **HOLY TRINITY**: one leaf for the **FATHER**, one leaf for the **SON** and one for the **HOLY SPIRIT**. When a shamrock is found with the fourth leaf, it represents **GOD'S GRACE**.

**Did you know** that St. Patrick wasn't Irish at all? He was born in either Scotland or Britain. No one seems to know for sure.

**Did you know** that during the time of St. Patrick, the national color was blue, not green?

**Did you know** that Ireland was the first country in Europe to grow potatoes on a large scale?

**Did you know** that "kissing the Blarney Stone" is supposed to remove shyness, and give the shy person the gift of gab?

**Did you know** that the Irish are said to have brought the idea of oatmeal for breakfast to America?

**Did you know** that "Erin go Bragh" means "Ireland Forever"?

**Do you know what** the longest town name in Ireland is?  
Muckanaghederdauhaulia, Co. Galway

**Did you know** that a "leprechaun" is really an little Irish shoemaker with a reputation for being rich, but mean?



"May you have warm words on a cold evening, a full moon on a dark night, and the road downhill all the way to your door."

~An Irish Blessing



## Financial Advice - For Alumni

This month we are continuing with our series of 2003 financial planning. Last month we discussed the two types of players in the financial arena – “the master” and “the slave”.

**Don't Forget!**  
**We're on the web!**  
<http://www.mtsa.edu>

During the tax period in preparing your federal tax return, it is very important that you examine the full scope of your personal financials. A very important area is your credit history and credit identity. This is an excellent time to secure copies of your credit report from all the credit agencies, which are listed below:

**Experian**  
**1-800-682-7654**  
**P. O. Box 2104**  
**Allen, TX 75013**  
**[www.experian.com](http://www.experian.com)**

**TransUnion**  
**1-800-916-8800**  
**P. O. Box 390**  
**Springfield, PA19064**  
**<http://www.transunion.com>**

**Equifax**  
**1-800-685-1111**  
**P. O. Box 105873**  
**Atlanta, GA 30348**  
**<http://www.equifax.com>**

During the last 10 years, credit fraud and identity theft have been exploding areas of criminal activity in America. Most consumers do not think of their credit report as being one of the most important assets they own; therefore, criminals are aware of how easy it is to establish a new identity with someone else's personal identity along with their good credit.

Many times consumers are not aware that someone has stolen their identity because many criminals are very skilled at securing credit cards in the name of the victims and making the minimum payments on the credit cards. The credit fraud surfaces when the consumer begins receiving telephone calls from creditors after the criminal has moved on to another victim leaving the victim with credit card debt that could purchase a luxury automobile. Credit fraud items can impact your credit scores.

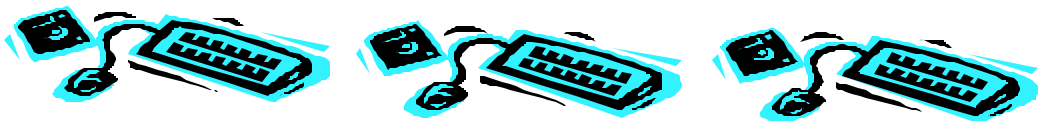
Today's criminals are more sophisticated professionals. Identity theft involves credit cards, mortgages, business loans, health insurance, school transcripts – in fact, in some cases, professional criminals have stolen the complete identity record of an individual and continue to live a normal life until something happens to question areas of his/her life. This type of criminal usually just moves on to the next victim.

Always review copies of your credit reports from all three credit-reporting agencies on an annual basis. Listed below are additional websites pertaining to credit and procedures to assist you in protecting one of your most important assets, your identity:

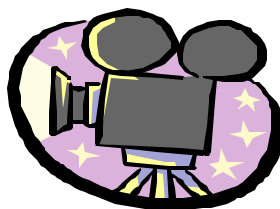
**<http://www.transunion.com/Contact.jsp>**  
**<http://www.myfico.com>**

Nancy M. Johns-Wood  
Development Director  
615-868-6503  
Email: [nancy@mtsa.edu](mailto:nancy@mtsa.edu)

“As you slide down the  
banister of life, may the  
splinters never point in the  
wrong direction!”  
~Irish Blessing



### Spotlight On ...



#### ... Leah Richards

Leah is originally from Greenville, MS. She was working as a staff RN at the SICU in Mississippi prior to coming to MTSA. She plans on working in Jackson, MS when she's finished here. Leah is married, doesn't have any children, but does have 1 dog and 2 kittens. I can vouch that pets can be just as time-consuming as children! For fun she also likes to hang out with friends, watch TV, go to movies and go shopping! In five years, she sees herself working full time in Jackson, MS.

- Dream Car: Lexus LS 400
- Dream Vacation: Australia & Europe
- Favorite Music: Top 40 & Country
- Favorite Movie: "As Good As It Gets" & "A Beautiful Mind"
- Chocolate or Vanilla: Chocolate
- Coke or Pepsi: Coke
- Beach or Mountains: Either
- Khakis or Blue Jeans: Jeans
- Cat or Dog: Both



*"Remember even if you lose all, keep your good name: for if you lose that you are worthless."  
~Irish Proverb*

#### ... Ansley Carter

Ansley was born in California but was raised in Tennessee. She was working as an RN in the medical/surgical ICU at Centennial Medical Center. For fun she likes to go to the movies and go out with her friends. Ansley has one biological sister, one adopted brother and counting all of her steps and ex-steps she's the youngest of 13. Whew!! She says that in five years, God willing, she'll be married and successful.

- Dream Car: Defender 90 - Jeep
- Dream Vacation: Greek Islands
- Favorite Movie: "The Big Chill" & "Bridget Jones Diary"
- Chocolate or Vanilla: Chocolate
- Coke or Pepsi: Coke
- Beach or Mountains: Beach in summer, Mountains in winter
- Khakis or Blue Jeans: Blue Jeans
- Cat or Dog: Dog
- Advice for Classmates: "A good friend will help you move, a great friend will help you move a body."



# Fast Food - A Quick and Easy Recipe for Busy People

## Quick Irish Stew

- 1 bouillon cube
- 1/2 tsp. salt
- 8 small potatoes, peeled
- 1 med. cabbage, quartered
- 1 12-oz. can corned beef, cut up
- 1/4 c. butter, melted
- Parsley
- 1/2 cup mayonnaise
- 2 tsp. mustard
- 1 tsp. prepared horseradish sauce

Bring 1/2 inch water to a boil in a heavy skillet or covered pan; add bouillon cube, salt, and vegetables, cooking until done. Place corned beef over vegetables; cook for 10 or 15 minutes or until meat is heated. Pour butter over corned beef; sprinkle with parsley. Combine mayo, mustard and horseradish sauce; serve with corned beef mixture.



“Too much of anything often leaves one with a feeling of regret.”  
~ Arnold Lobel

## Noteworthy Dates

### March Dates

- 2 ~ Read across America Day
- 4 ~ Mardi Gras
- 5 ~ Ash Wednesday
- 8 ~ International Women’s Day
- 17 ~ St. Patrick’s Day
- 21 ~ Vernal Equinox

### April Dates

- 1 ~ April Fool’s Day
- 6 ~ Daylight Savings Time Begins
- 13 ~ Thomas Jefferson’s Birthday
- 20 ~ Easter Sunday
- 22 ~ Earth Day
- 26 ~ National Arbor Day



## Noteworthy Birthdays

### Birthdays in March

- 3 ~ Joannie Summers
- 5 ~ Lynn McInerney
- 6 ~ Marti Hines
- 8 ~ Ikey DeVasher(f)
- 10 ~ Melanie Francis
- 17 ~ Michael Mwasumbi
- 18 ~ Dr. Rob Taylor(f)
- 19 ~ Brandy Elliott
- 28 ~ Sheena Tait(pts)

### Birthdays in April

- 2 ~ Trevor Eldred
- 2 ~ Lin Sherrill(f)
- 4 ~ Chang Yu
- 8 ~ Tammy Kellogg
- 21 ~ Jenny Paul
- 27 ~ Scott Weickel
- 23 ~ Dr. C. William McKee(f)



“Do not resent growing old, for many are denied the privilege.”

~Old Irish Saying

## More Financial Advice from Jane Pennington

### For Current Students and MTSA Graduates

#### *Interest Rate Drop Creates Possibility for Borrowers to Consolidate & Save*

In June 2002, the United States Department of Education announced that effective July 1, 2002 interest rates on federal student loans would drop to historically low levels, creating a major advantage for college graduates with significant loans to repay. However, the rates change annually, so it may be advisable to consider consolidating, to lock in current low rates for the life of your loans.

I would encourage MTSA graduates to investigate the benefits of these low interest rates. In some instances, consolidation could actually cut your monthly payment in half, and considerably lower what you pay over the life of the loan. But, be aware, there is a great deal of confusion as to whether or not borrowers should consolidate options. Look at factors such as the total amount that you owe, and the current interest rates on your loans.

Because of these rate cuts, borrowers are being inundated from lenders all over the country with offers to consolidate. In reality, most consolidation loans are similar, so borrowers looking to consolidate should find a lender who will offer honest counseling and offers straightforward advice on whether consolidation is right for them.

You also might want to talk with the Tennessee guaranty agency (TASC) regarding your options. You may call toll free at **1-800-257-6528** or in Nashville at **741-1346**; or visit their web site at: <http://www.state.tn.us/tsac/>

### For the Class of 2004 *Filing the FAFSA for 2003-04*

Just wanted to remind you again, that those of you who wish to receive the student loans again for the next enrollment period will need to file a 2003-04 FAFSA as soon as you have completed your income tax information for 2002. It is best if you can wait until after you have actually filed your 2002 taxes, so that you can have exact income information to use in the completion of the FAFSA. The MTSA Federal School Code is 007783-00.

For those of you who have not received a renewal PIN number from the Department of Education either via e-mail or regular mail, you may apply again by going to FAFSA website at: <http://www.fafsa.ed.gov/>

If there has been a significant change in income, other financial items, a change in family size or other changes since 2002, I suggest that you document these changes in writing to my attention at the school. We may be able to make adjustments to better assist you for the upcoming enrollment periods.

Please feel free to give me a call if you have further questions.

### *Alternative Loans*

For those of you who may be considering borrowing through one of the alternative loan programs, in addition to your Stafford loans, we strongly recommend that you borrow your alternative funds through the same lender from which you obtained your Stafford loans. By doing this, when the loans go into repayment, you will then have to deal with and send payments to only one entity.

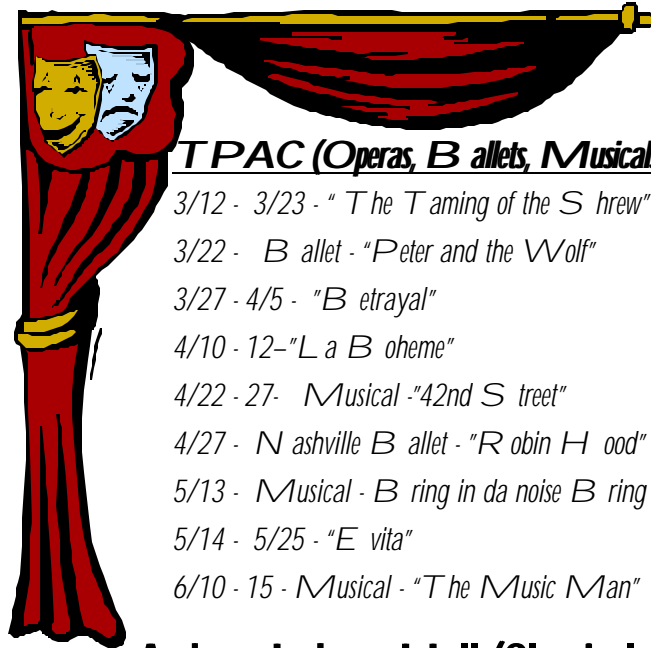
#### MTSA's Recommended Lender List

Amsouth	Federal Stafford Alternative Signature Loan	<a href="http://www.amsouth.org">www.amsouth.org</a> <a href="http://www.salliemae.com/signature">www.salliemae.com/signature</a>
Edsouth	Federal Stafford gradapp - Alternative Loan	<a href="http://www.edsouth.org">www.edsouth.org</a>
SunTrust	Federal Stafford	<a href="http://www.SunTrustEducation.com">www.SunTrustEducation.com</a>

**Jane Pennington**  
Director of Financial Aid  
MTSA  
615-868-6803  
888-771-0762

## Appreciating the Performing Arts

Here again, is the current schedule of the performing arts in Nashville:

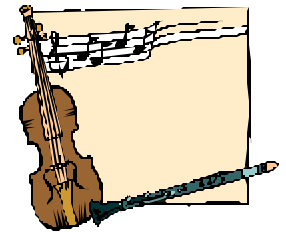


### ***TPAC (Operas, Ballets, Musicals)***

- 3/12 - 3/23 - "The Taming of the Shrew"
- 3/22 - Ballet - "Peter and the Wolf"
- 3/27 - 4/5 - "Betrayal"
- 4/10 - 12 - "La Boheme"
- 4/22 - 27 - Musical - "42nd Street"
- 4/27 - Nashville Ballet - "Robin Hood"
- 5/13 - Musical - "Bring in da Noise Bring in da Funk"
- 5/14 - 5/25 - "E.T. the Extra-Terrestrial"
- 6/10 - 15 - Musical - "The Music Man"

### **Andrew Jackson Hall (Classical Music)**

- 3/14 - Brahms & Adams
- 3/28 - Impassioned Sibelius
- 4/18 - Missa Solemnis
- 5/02 - Beethoven ~ Mozart ~ Adams



And the newest addition to our "cultured" schedule is a monthly feature of something free or inexpensive to do or see in Nashville. This month we're featuring.....

## The Frist Center for the Visual Arts

Admission: College Students w/ ID: \$4.50   Adults: \$6.50   18 & under: Free

### Exhibitions:

- \*Realms of Faith: Medieval & Byzantine Art from The Walters Art Museum, Baltimore - on extended loan through August 15, 2004
- \*Fantastic Patterns: Paintings, Sculptures and Wall Hangings by Liz Quisgard - January 24 through April 20, 2003
- \*Reflections in Black: Smithsonian African American Photography - January 24 through April 20, 2003
- \*Real Illusions: Contemporary Art from Nashville Collections - February 21 through June 22, 2003

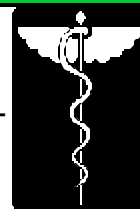
"We have art, in order  
not to die of the truth."

~Nietzsche

"Art washes away  
from the soul the dust  
of everyday life."

~Pablo Picasso

## Employment Opportunities



Anesthetist is needed to join a group of MDs and CRNAs. Located in the Triangle of TN three major cities—Nashville, Knoxville & Chattanooga. Call **(352) 369-6316** or E-mail **HypnosAnesthesia@aol.com** for further info.

Two permanent CRNA positions available on the Florida Gulf Coast. For more info contact Linda Davis, Assistant Business Manager at **lwdavis@knology.net**

Flex Shift and Fixed Shift positions available in Chattanooga, TN. Contact Tabitha Ryan at **(423) 698-3309** or E-mail: **Tryan@anesasoc.com**

3 Anesthetist positions available in Gainesville, GA. Posting #3798 at <http://www.gaswork.com/> Send Resume via fax: **(770) 534-1312** or E-mail: **Michellet1@aol.com**

Full time position open in the New Orleans area, in Florida near Disney and in Kentucky. Interested in any of these please contact Dan O'Callahan at **(888) 865-1181** or E-Mail CV to **prhealth@stis.net** or fax CV to **(866) 340-3033**

Position open in Honolulu, Hawaii. Call **(888) 621-1737** or **KPHawaii.jobs@kp.org**

Opportunities available at Memorial Health Systems. For more information contact Rae Jeanne Gossman by phone **(877) 676-6423**, by fax **(386) 676-6196** or by E-mail: **raejeanne.gossman@memorial-health.com**

2 CRNA positions available at Lourdes Hospital in Paducah, KY. For more info contact Christine Thomas RN by phone **(270) 444-2934** by fax **(270) 444-2583** or by E-mail at **cthomas@lourdes-pad.org**

Positions available at the Medical College of Georgia in Augusta, GA. Contact Jim Masiongale, CRNA, MHS by phone **(706) 721-0115**, by fax **(706) 721-7753** or by E-mail **Jmasiong@mail.mcg.edu**. Job 2631 on **gaswork.com**

CRNA needed in Washington State. Contact Dianna Crocker at **(866) 292-2663** or E-mail: **Bjbmedical@aol.com**

Positions available in New Orleans, LA. Contact Amy Moga, CRNA Recruiter at **(866) 292-4747** or "Apply Yourself" online 24 hours a day at **www.ochsner.org/employment**

Opportunities at Quincy Anesthesia Associates, P.C.. Please contact Gene Corbett by Phone **(800) 229-9759** by fax **(636) 587-2717** or by E-mail: **genec1@mindspring.com**

Full-time CRNA position in Washington, DC suburbs (Maryland) Level II Trauma Center. Call **(301) 618-6100** for interview or fax resume to **(301)618-2892**.

CRNA needed in Western North Carolina. To learn specific details, please call **(800) 576-9629**. **www.provdoc.com**

Position available in Western New York. For more Info call **(800) 576-9629**. **www.provdoc.com**

\*\$165,000 Base Salary. North Arkansas University Community seeking a Chief CRNA. Call **1-800-576-9629** Fax: **214-979-9099** E-mail: **kayla@provdoc.com**

\*Several CRNA's needed in Albuquerque, New Mexico. NO CALL. For more info call: **1-800-576-9629**

\*Greater Houston Anesthesiology seeking motivated CRNA's. E-mail Norm Kahla at **nkahla@phbs.com**

\*Immediate need for CRNA near Morgantown, West Virginia. Call **1-800-576-9629** Fax: **214-979-9099** or check out on web: **www.provdoc.com**

\*Pediatric Anesthesia Associates of Dayton, Inc. have an opening for a CRNA. Contact Edward J. Walz, MD at **walze@childrensdayton.org** or Michael J Kibelbek, MD, FAAP at **kibelbekm@childrensdayton.org**

\*Anesthesia Associates of Dunedin, FL looking for CRNA's to join a well-established group. Call **727-734-6932** Fax: **727-734-4516**

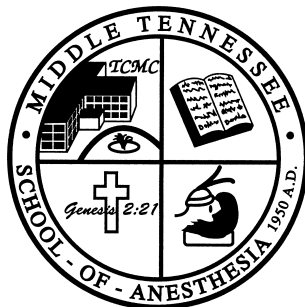
(THE ASTERISK \* INDICATES THE NEW ADDITIONS SINCE THE LAST NEWSLETTER)

"Never be afraid to  
trust an unknown  
future to a  
known God."  
~Old Irish Saying

**MIDDLE TENNESSEE  
SCHOOL OF ANESTHESIA**

P.O. Box 6414  
Madison, TN 37116

Phone: (615)868-6503  
Fax: (615)868-9885



**Reflecting Christ in  
Anesthesia Education**

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*AIRWAYS* is produced with the cooperation of the following persons:

Dean: Mary Elizabeth DeVasher Business Manager: Patsy Logue

Editor & Production Manager: Karin Lassel

Production Assistants: Jennifer Stinson, Chelsea Soapes, Susan Gatlin,  
Colby Rainey, Sheena Tait, Renee Baker

Contributing Reporters: Jane Pennington, Nancy Johns-Wood