

MTSA

# Airways

Volume 8, Issue 5  
May 2003

## Inspirational May

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Springtime always inspires me to read more books, clip recipes (even though I rarely cook) and plant flowers. I'd like to share some of my favorite quotes regarding these subjects.

"A house without books is like a room without windows." ~ Horace Mann

"A room without a book is like a body without a soul." ~ Marcus Tullius Cicero

"These are not books, lumps of lifeless paper, but minds alive on the shelves." ~ Gilbert Highet

"Miss a meal if you have to, but don't miss a book." ~ Jim Rohn

"When I get a little money, I buy books. And if there is any left over, I buy food." ~ Desdierius Erasmus

"Let your food be your medicine, and your medicine be your food." ~ Hippocrates

"Food, like a loving touch or a glimpse of divine power, has that ability to comfort." ~ Norman Kolpas

"A garden is the best alternative therapy." ~ Germaine Greer

"Your garden will reveal yourself." ~ Henry Mitchell

"There is more pleasure in making a garden than in contemplating a paradise." ~ Anne Scott-James

"Connection with gardens, even small ones, even potted plants, can become windows to the inner life. The simple act of stopping and looking at the beauty around us can be a prayer." ~ Patricia R. Barret

*"The love of learning,  
the sequestered  
nooks,  
and all the sweet  
serenity of books."*

*~Henry W. Longfellow*



## MTSA BULLETIN BOARD

**R**eminder to Senior students - the deadline for having all Senior Elective paperwork finalized is July 3. Please see Mitzi for help in getting your Senior Elective taken care of.

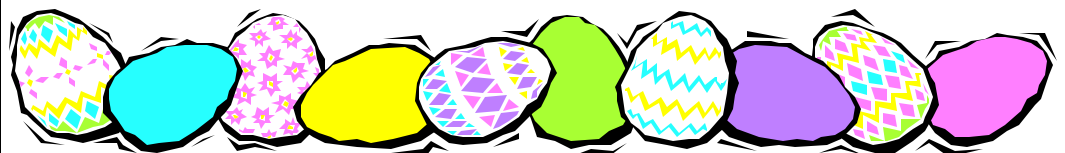


**C**ongratulations are in order for part-time student staff!! Chelsea Soapes, Renee Baker and Sheena Tait are graduating from high school this month. Chelsea has worked here over 2 years and plans on going to college at Southern Adventist University, Renee has been with us for about a year and a half and also plans on going to Southern University. Sheena who has worked here since 1999, is the most adventurous! She will be attending Newbold College in Binfield, England. Best wishes and God's blessings to all three girls!! Thanks for all your hard work!

*"A happy life is one  
spent in learning,  
earning, and yearning."  
~ Lillian Gish*



**E**aster-egg "hunt" for the students was "egg-stra" fun!! (Sorry, I couldn't stop myself) On Wednesday the 16th they were told that there was a surprise for them later that day. It began with them going over to Ikey's house to eat. At 4:00 they ended up doing musical eggs more than a hunt. They went outside, formed a circle and that's when it all began. The plastic eggs were filled with candy and only 6 of them had money in them too!! The cash was divided out into two \$20 bills, three \$10 bills and one \$5 bill. The lucky winners were Shawn Collins, Kari Preuss, Jason Hollis, Greg Lewis, Rachel Savage and Lori Whitaker. Sounds like fun.....and besides, how can free candy and money be bad?!



## Spotlight On ...

### ... Kelly Lomax

Kelly was working at Vanderbilt as a staff RN before joining the ranks of MTSA. Autonomy was what peaked his interest in anesthesia. He is originally from Memphis but has lived in Nashville long enough to have heard about our school.

For fun Kelly likes to play golf. He has one sister and one brother. He is married and has two dogs. In 5 years he sees himself working and finally getting paid!

Dream Car: 350 Z Nissan

Dream Vacation: Traveling across America

Favorite Music: Varied

Favorite Movie: "Shawshank Redemption"

Chocolate or Vanilla: Chocolate

Coke or Pepsi: Coke definitely!

Beach or Mountains: Beach

Khakis or Blue Jeans: Jeans

Cat or Dog: Dog

Advice for Classmates: "Stick to it!"



### ... Kari Preuss

Kari was working at Vanderbilt before coming to MTSA. She was an RN in the SICU. What peaked her interest in anesthesia? She had worked in surgery for years and liked the one on one care.

Kari grew up her first ten years in Vermont. She says she is a born again Southerner, because she's been here for the last 22 years. She has 3 cats: Tink, Chloe and Daphnie. For fun she likes to sleep, read, spend time with friends, shop and go to movies. In 5 years from now, she knows she'll be a CRNA, but has no idea where. She's taking one day at a time until graduation.

Dream Car: Jag Convertible

Dream Vacation: Island in the South Pacific

Favorite Movie: "A Time to Kill"

Chocolate or Vanilla: Chocolate

Coke or Pepsi: Coke

Beach or Mountains: Love 'em both

Khakis or Blue Jeans: Blue Jeans

Cat or Dog: Can't decide, want both

Advice for Classmates: "Hang in there! We will make it together!"



*"When you get to the end of your rope, tie a knot and hang on."*

*~Franklin D. Roosevelt*

# Fast Food - A Quick and Easy Recipe for Busy People

## Springtime Spinach Salad - Serves 8 - 10

- 1 pkg. (10 oz.) fresh spinach leaves
- 2 cups sugar snap peas or pea pods
- 2 cups sliced strawberries
- 1/2 medium red onion, cut into thin wedges
- 1/2 cup sliced almonds, toasted
- 3/4 cup Italian Vinaigrette Dressing



*"Never eat more than  
you can lift."  
~ Miss Piggy*

Place all ingredients except dressing in large bowl. Add dressing; toss lightly. Serve with a smile.

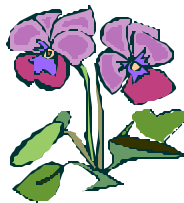
## Noteworthy Dates

### May Dates

- 2 ~ National Day of Prayer
- 11 ~ Mother's Day
- 17 ~ National Armed Forces Day
- 26 ~ Memorial Day

### June Dates

- 5 ~ World Environment Day
- 14 ~ Flag Day
- 15 ~ Father's Day
- 21 ~ Summer Solstice



## Noteworthy Birthdays

### Birthdays in May

- 4 ~ Renee Baker(pts)
- 7 ~ Jane Pennington(s)
- 8 ~ Amy Allen
- 8 ~ Tasha Walker
- 13 ~ Julie Hanson
- 16 ~ Rachel Connor
- 17 ~ Jim Maddox(f)
- 21 ~ Dolores Underhill(s)
- 26 ~ Les Andrus

### Birthdays in June

- 7 ~ Christopher Will
- 12 ~ Mitzi Birdwell(s)
- 13 ~ Thomas Neumaier
- 14 ~ John Anderson
- 16 ~ Thomas Moses
- 16 ~ Debbie Rose(s)
- 17 ~ Lisa Glassford
- 20 ~ Rob Rogers
- 21 ~ Jimmy Latham
- 23 ~ Alescia DeVasher(f)
- 29 ~ Becky Sellars
- 29 ~ Lisa Spray

*"To me, old age is  
always fifteen  
years older than  
I am."  
~Bernard Baruch*



# Financial Advice - Jane Pennington

## Consolidation Concerns for Current and Former MTSA Students

More alerts have been issued regarding unethical actions on the part of some lenders who are trying to lure Federal Stafford Loan borrowers into their Consolidation Loan programs. Just a word of warning: Be sure that you know the lender with whom you are dealing. If you have any questions or concerns, please notify me at MTSA, and I will do the research for you.

## For Former MTSA Students: Sallie Mae Announcement of Understated Monthly Loan Payments

For those of you who may be making your loan payments through Sallie Mae, you may be receiving a letter explaining that due to a computer programming error, Sallie Mae has set your monthly payments too low. Letters will be going out to borrowers over this next month, alerting them that a larger monthly payment may be necessary in order to repay their loans according to schedule. Sallie Mae has decided to waive any interest which may have accrued due to this programming error.

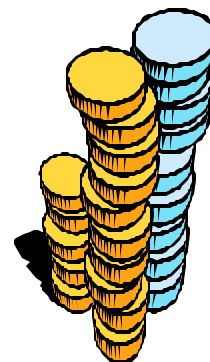
If you do receive such a letter, and have any concerns, please feel free to contact me. I will follow up with the MTSA Sallie Mae representative on your behalf. I will be monitoring this situation and keep you up-to-date.

## Nursing Education Loan Repayment Program

At graduation this past year, we gave the graduating class information regarding the Nursing Education Loan Repayment Program. We would very much appreciate hearing from those of you who have applied through this program. Your feedback will assist us in serving future graduates of MTSA. Please feel free to email me or give me a call at MTSA.

I will provide an update in an upcoming MTSA Newsletter.

M. Jane Pennington  
 Director of Financial Aid  
 Middle Tennessee School of Anesthesia  
 615/868-6503  
 jane@mtsa.edu



*"Some things are very important and some are very unimportant. To know the difference is what we are given life to find out."  
 ~Anna F. Trevisan*

## Appreciating the Performing Arts

Here again, is the current schedule of the performing arts in Nashville:

*"Music and art  
are mere utterances  
of the heart"*

*~Karin Vilanova*



### TPAC (Operas, Ballets, Musicals)

5/13 - Musical - *B ring in da noise B ring in da funk*

5/14 - 5/25 - *"E vita"*

6/10 - 15 - Musical - *"The Music Man"*

### Andrew Jackson Hall (Classical Music)

5/02-03 - Beethoven ~ Mozart ~ Adams

5/23-24 - Mendelssohn's Violin Concerto

6/06-07 - Russian Masters

6/21-22 - Beethoven's Sixth: Pastoral

6/28-29 - Beethoven's Violin Concerto



*"Joy in looking and  
comprehending is  
nature's most  
beautiful gift."*

*~ Albert Einstein*

And the newest edition to our free or inexpensive showcase is.....

### 🌀 Parks in May 🌀

May 2– 4: Centennial Park TACA Crafts Fair, 385-1904

May 2– 4: Riverfront Park Riverstages, 346-9000

May 18: Two Rivers Mansion Grand Old Dulcimer Day, 885-1112



## Employment Opportunities



Pediatric Anesthesia Associates of Dayton, Inc. have an opening for a CRNA. Contact Edward J. Walz, MD at [walze@childrensdayton.org](mailto:walze@childrensdayton.org) or Michael J Kibelbek, MD, FAAP at [kibelbekm@childrensdayton.org](mailto:kibelbekm@childrensdayton.org)

Anesthesia Associates of Dunedin, FL looking for CRNA's to join a well-established group. Call **727-734-6932** Fax: **727-734-4516**

Prominent group in Richmond, VA is seeking a CRNA. Call Lance Thompson at **1-800-576-9629** or e-mail at [lance@provdoc.com](mailto:lance@provdoc.com)

Athens-Limestone Hospital in north central Alabama is looking for a MTSA graduate. Contact Doyle Graham at **1-256-233-9424** or e-mail at [dwg@pclnet.net](mailto:dwg@pclnet.net)

Nationwide search firm called Career Solutions International has openings. Call **1-866-484-4752**, e-mail at [jodi@csigroup.net](mailto:jodi@csigroup.net) or check out website at [www.csigroup.net](http://www.csigroup.net)

Albuquerque, New Mexico needs CRNA's at Lovelace Health Systems. Contact Deborah S. Baca at **1-800-877-7526** or e-mail at [deborah.baca@lovelace.com](mailto:deborah.baca@lovelace.com)

Minneapolis, MN is seeking CRNA. To learn specifics, call Joan Tien at **1-800-576-9629** or e-mail at [joan@provdoc.com](mailto:joan@provdoc.com)

Long Island Anesthesia Physicians or Port Jefferson, NY is seeking CRNA staff. For details call **631-331-0103**, fax **1-631-331-6514** Attn: **Galo Burnbano, CRNA** or e-mail at [gurbano@villagenet.com](mailto:gurbano@villagenet.com)

Cincinnati Children's Hospital Medical Center is seeking CRNA graduates. For more info call Teresa Kohn at **1-513-636-0503** or e-mail at [teresa.kohn@chmcc.org](mailto:teresa.kohn@chmcc.org)

Anesthesia group in suburban Atlanta seeking CRNA's. For more info call Judy Chesin at **1-770-979-9996**, fax **1-770-979-1202** or e-mail at [jchesin@bellsouth.net](mailto:jchesin@bellsouth.net)

CRNA's needed at Manatee Memorial Hospital in Bradenton, Florida. Call Sandy Bender or Jonas Weingarten, M.D. at **1-941-745-6829**, fax **1-941-745-6817** or e-mail at [N1Froggie@aol.com](mailto:N1Froggie@aol.com)

CRNA's needed at The Dept. of Anesthesiology at the University of Texas Medical Branch in Galveston, TX. Contact Tony Jimenez, CRNA at **1-409-772-8553**, fax **1-409-772-1224** or e-mail at [tojimene@utmb.edu](mailto:tojimene@utmb.edu)

CRNA's needed in the Knoxville area. Call Dana Traylor at **865-524-5514**.

Illinois Valley Anesthesia Associates need CRNA's. Call **815-223-3300 ext. 3563** or **3567**.

CRNA needed in Suburban Western Tennessee. For more info call Karin Eskin at **901-351-2161** or e-mail at [mkeskin@worldnet.att.net](mailto:mkeskin@worldnet.att.net).

Looking for a CRNA in Glasgow, MT. Call Shelly VanBuren at **406-228-3647** or e-mail at [fpoksh@fmdh.org](mailto:fpoksh@fmdh.org) or call Steve Abercrombie or Thom Shultz at **406-228-3500** or e-mail at [fschth@fmdh.org](mailto:fschth@fmdh.org)

CRNA Placement Agency: *United Anesthesia Associates, Inc.*  
Call Jamie Gallant at **800-334-8320**.

\*Anesthesia Associates, Inc. has a CRNA position open in Tulsa, OK. Offering a good package. For more info contact Dr. Darrell Heck at **918-252-2463** or e-mail at [heckdd@cox.net](mailto:heckdd@cox.net)

\*Opening in the Detroit area. Generous sign on bonus. E-mail your resume to [careers@hiretoptalent.com](mailto:careers@hiretoptalent.com) or fax your resume to **613-831-5653**

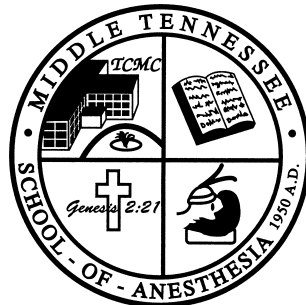
(THE ASTERISK \* INDICATES THE NEW ADDITIONS SINCE THE LAST NEWSLETTER)

*"Courage is not simply  
one of the virtues but  
the form of every virtue  
at the testing point."  
~ C.S. Lewis*

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**Reflecting Christ in  
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